

September 30 is National Day for Truth and Reconciliation. On this day we pay respect to the Indigenous children who never returned home from residential schools, as well as to Survivors, Intergenerational Survivors, and Indigenous communities. The National Day for Truth and Reconciliation and Orange Shirt Day take place on the same day. Orange Shirt Day, an Indigenous-led grassroots initiative, serves as a powerful reminder of the lasting intergenerational impacts of residential schools on individuals, families, and communities. It promotes the important message that “Every Child Matters.” The orange shirt symbolizes the cultural loss, the stripping away of freedom, and the diminished self-esteem experienced by Indigenous children over generations. By wearing orange, we honour their stories, amplify their voices, and commit to ongoing efforts towards healing and reconciliation.



On behalf of BC's naturopathic doctors, we honour Truth and Reconciliation Day 2024 as a time for reflection, education, and healing. We acknowledge the deep harm caused by residential schools and the ongoing impacts of colonialism on Indigenous communities. As healthcare professionals, we are committed to fostering respect, cultural humility, and inclusivity in our practice. We stand in solidarity with Indigenous peoples, and recognize the importance of listening, learning, and actively working towards reconciliation in all aspects of our work and lives.

Learning Resources

- [Truth and Reconciliation Commission of Canada](#)
- [National Centre for Truth and Reconciliation](#)
- [Orange Shirt Society](#)
- [Reconciliation Canada](#)
- [GCIndigenous on YouTube](#)
- [National Inquiry into Missing and Murdered Indigenous Women and Girls](#)
- [#IndigenousReads](#)

On behalf of the BCND Board of Directors

BCND will be closed on September 30 to observe National Day for Truth and Reconciliation. We will take time to reflect and remember the children who never came home from residential schools, the survivors, families and all the communities impacted.