



Jump start your health goals with a spring detox!

Our naturopathic doctors can help support you in a 10 day spring detox that can help your body “reset” by giving it a well deserved break from the potential allergens you consume on a regular basis.

A detox can improve:

- Energy
- Mood
- Sleep
- Digestion
- Healthy weight loss

Our program includes a guided booklet with meal plans and recipes, comprehensive body analysis and measurements and vitamin B12 shots for energy support.

CALL FOR MORE INFO!



living wellness centre

401-14022 32nd Ave, Surrey BC,
V4P 2J2

604.535.3335